

Allergen Information

Barley
Celery
Crustacea
Dairy
Egg
Fish
Gluten
Milk
Molluscs
Mustard
Pork
Sesame Seeds
Soy Sauce
Soya
Sulphites
Wheat
Oats

September 2023

Allergen Information

MENU A

Tandoori Chicken	Milk		
Vegetable Curry	Milk		
Rice	None		
Naan Bread	Wheat	Gluten	Milk

Chicken & Leek Pie	Wheat	Gluten	Milk	Egg
Cheese & Onion Pastry	Wheat	Gluten	Milk	
Diced Potatoes	Wheat			
Vegetables	None			
Gravy	Wheat	Soya	Barley	

Chilli con Carne	None		
Vegetarian Quorn Chilli	Egg	Barley	
Vegetable Rice	None		
Garlic Bread	Wheat	Gluten	Milk

Roast Pork	Pork		
Stuffing	Wheat	Gluten	Oats
Vegetable Kievs	Wheat	Gluten	Milk
Roast Potatoes	Wheat	Gluten	
Vegetables	None		
Gravy	Wheat	Soya	Barley

Oven-baked Haddock	Wheat	Gluten	Fish
Vegan Quorn Dippers	Wheat	Gluten	
Chipped Potatoes	None		

Allergen Information

MENU B

Cheese Beef Burger	Wheat	Gluten	Sulphites	Milk
QuarterPounder Vegetable Burger	Wheat	Gluten	Milk	
Hash Browns	None			
Baked Beans	None			
Macaroni Cheese	Wheat	Gluten	Milk	
Grilled Salmon	Fish			
Salad	None			
Garlic Bread	Wheat	Gluten	Milk	

Chicken Fajitas	Wheat	Gluten		
Quorn Fajitas	Wheat	Gluten	Egg	
Mixed Salad	None			
Garlic Mayonnaise	Egg			

Roast Chicken	None			
Stuffing	Wheat	Gluten	Oats	
Quorn Vegetarian Sausage	Gluten	Milk	Barley	
Roast Potatoes	Wheat	Gluten		
Vegetables	None			
Gravy	Wheat	Soya	Barley	

Ovenbaked Cod	Wheat	Gluten	Fish	
Quorn Hot Dog	Egg			
Bread Roll	Wheat	Gluten		
Chipped Potatoes	None			

Allergen Information

MENU C

Grilled Pork Sausages	Wheat	Pork		
Quorn Southern Fried Steak	Wheat	Gluten	Milk	Egg
Potato Dice	Wheat			
Vegetables	None			
Gravy	Wheat	Soya	Barley	
Pasta Bolognese Bake	Wheat	Gluten	Milk	
Tomato Pasta Bake	Wheat	Gluten	Milk	
Mixed Salad	None			
Garlic Bread	Wheat	Gluten	Milk	
Chicken Tikka Masala Curry		Milk		
Thai Green Quorn Curry		Milk	Egg	
Rice		None		
Naan Bread	Wheat	Gluten	Milk	
Roast Turkey		None		
Sausage wrapped in Bacon	Wheat	Pork		
Cauliflower Cheese		Gluten	Milk	
Roast Potatoes	Wheat	Gluten		
Vegetables		None		
Gravy	Wheat	Soya	Barley	
Southern Fried Chicken Strips	Wheat	Gluten		
Breaded Mozzarella Sticks	Wheat	Gluten	Milk	Soya
Chipped Potatoes		None		

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Morning Break

Bacon & Cheese Roll	Wheat	Gluten	Pork	Milk	Dairy
Bacon Baguette	Wheat	Gluten	Pork		
Bacon Roll	Wheat	Gluten	Pork		
Butchers Sausage in a Roll	Wheat	Gluten	Pork		
Cheese & Tomato Pizza Pocket	Wheat	Gluten	Milk	Dairy	
Chicken Caesar Salad	Wheat	Gluten	Milk	Egg	
Cold Pasta Salad	Wheat	Gluten			
Mackerel Salad	Wheat	Gluten	Fish		
Potato Salad	Egg				
Vegetarian Sausage in a Roll	Wheat	Gluten	Milk	Egg	Dairy
Tuna & Sweetcorn Pasta Salad	Wheat	Gluten	Egg	Fish	
Feta Cheese & Olive Salad	Wheat	Milk	Dairy		
Muller Yoghurts	Wheat	Gluten	Milk		
Low Fat Yoghurts	Milk	Dairy			
Frozen Smoothies	None				
Fresh Fruit	None				
Strawberries & Cream	Milk	Dairy			
Milk Shakes	Milk	Dairy			
Water	None				
Flavoured Water	None				
Fruit Juices	None				

Allergen Information

Sandwiches & Rolls - All Contain:

Wheat

Gluten

Honey Roast Ham & Cheese	Pork	Milk	Dairy
Tuna & Mayonnaise	Fish	Egg	
BLT & Mayonnaise	Pork	Egg	
Egg & Cress	Egg		
Cheese & Pickle	Milk	Dairy	
Cheese & Cucumber	Milk	Dairy	
Prawn, Lemon Mayonnaise	Crustacea	Egg	
Ham & Cheese Salad	Pork	Milk	Dairy
Duck & Hoi Sin Sauce	Celery	Mustard	
Smoked Salmon & Cucumber	Fish		
Chicken Tikka & Lettuce	Egg		
Chicken, Sweetcorn & Mayonnaise	Egg	Milk	Dairy
Chicken, Bacon & Mayonnaise	Pork	Egg	

QVC Sandwiches & Rolls - All Contain:

Wheat

Gluten

Ham	Pork	
Egg	Egg	
Tuna	Fish	Egg
Prawn	Egg	Crustacea

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Panini

Cheese & Tomato	Wheat	Gluten	Milk	Dairy		
Ham & Cheese	Wheat	Gluten	Pork	Milk	Dairy	
Tuna & Cheese	Wheat	Gluten	Fish	Egg	Milk	Dairy
Pepperoni & Cheese	Wheat	Gluten	Pork	Milk	Dairy	
Bacon	Wheat	Gluten	Pork			
Sausage	Wheat	Gluten	Pork			

Pizza

Cheese & Tomato	Wheat	Gluten	Milk	Dairy	
Cheese, Ham & Pineapple	Wheat	Gluten	Pork	Milk	Dairy
Cheese & Pepperoni	Wheat	Gluten	Pork	Milk	Dairy

Jacket Potato

Jacket & Cheese	Milk			
Jacket & Cheese & Beans	Milk			
Jacket & Tuna Mayonnaise	Fish	Egg		
Jacket & Tuna & Cheese	Fish	Egg	Milk	