

## YEAR 9 PE:

### AUTUMN & SPRING TERM TOPICS

- Competitive/Team pathway
- Develop and apply a range of advanced tactics and strategies to overcome opponents in direct competition through team and individual games (netball / rugby/ basketball / volleyball / lacrosse/ badminton / softball / athletics)
- Develop advanced techniques and improve performance in competitive sports
- Analyse performance and demonstrate improvement
- Take part in competitive sports and activities outside school through community links