Barley Celery Crustacea **Dairy** Egg Fish Gluten Milk **Molluscs** Mustard **Pork** Rye **Sesame Seeds Soy Sauce** Soya **Sulphites** Wheat **Oats**

MENU A

Halal - Beef Cheeseburger	Wheat	Gluten	Sulphites	Milk		
Vegetarian Cheeseburger	Wheat	Gluten	Milk		l	
Hash Browns	None			•		
Baked Beans	None					
		1				
Homemade Tandoori Chicken with Mint Yogurt	Milk					•
Vegetable Spring Rolls	Wheat	Gluten	Milk	Egg	Soya	Celery
Sweet & Sour Sauce	None					
Vegetarian Rice	None					
Homemade Macaroni Cheese	Wheat	Gluten	Milk			
Homemade Salmon & Broccoli Pasta Bake	Wheat	Gluten	Milk	Fish		
Mixed Salad	None				l	
Garlic Bread	Wheat	Gluten	Milk			
Roast Chicken	N	1				
	None			Ī		
Stuffing	Wheat	Gluten	Oats			•
Homemade Vegetarian Shepherds Pie	Wheat	Milk	Soya	Barley	Egg	
Roast Potatoes	Wheat	Gluten				
Sweetcorn	None		_	_		
Gravy (Vegetarian)	Wheat	Soya	Barley			
Oven Baked Battered Haddock	Wheat	Gluten	Fish	-		
Vegan Quorn Nuggets	Wheat	Gluten				
Chipped Potatoes	None		1			

MENU B

Wheat	Gluten			
Wheat	Gluten	Soya		
None				
None				
		•		
Wheat	Gluten		_	
Wheat	Gluten	Egg		
None				
Egg				
				ĺ
Pork	Wheat	Gluten	Milk	
Milk	Celery	Wheat	Gluten	Fish
None			_	
Wheat	Gluten	Milk		
				l
Wheat	Gluten	Milk	Barley	
Wheat	Gluten	Milk		
Wheat				
None				
Wheat	Soya	Barley		
Wheat	Gluten			
Wheat	Gluten	Milk	Soya	
None				
	Wheat None Wheat Wheat Wheat None Egg Pork Milk None Wheat	Wheat Gluten Wheat Gluten Wheat Gluten None Egg Pork Wheat Milk Celery None Wheat Gluten Wheat Gluten	Wheat Gluten Wheat Gluten Wheat Gluten Wheat Gluten Egg Pork Wheat Gluten Milk Celery Wheat None Wheat Gluten Milk Wheat Gluten Milk	Wheat Gluten Wheat Gluten Wheat Gluten Fgg None Fgg Pork Wheat Gluten Milk Milk Celery Wheat Gluten None Wheat Gluten Milk Soya

MENU C

Grilled Pork Sausages	Wheat	Pork			
Quorn Vegetarian Sausages	Wheat	Gluten	Barley		
Potato Dice	Wheat			•	
Peas	None				
Vegetarian Gravy	Wheat	Soya	Barley		
		1		-	
Halal - Homemade Chicken Curry	Milk		-		
Homemade Vegetable Curry	Milk	Celery			
Steamed Rice	None		•		
Naan Bread	Wheat	Gluten	Milk		
		•			•
Halal - Homemade Beef Lasagne	Wheat	Gluten	Milk	Egg	
Homemade Tomato & Basil Pasta Bake	Wheat	Gluten	Milk		
Mixed Salad	None			-	
Garlic Bread	Wheat	Gluten	Milk		
Γ		1			
Roast Sliced Pork	Pork		Ī		
Homemade Cauliflower Cheese	Gluten	Milk			
Roast Potatoes	Wheat	Gluten			
Mixed Vegetables	None			_	
Vegetarian Gravy	Wheat	Soya	Barley		
		1		1	
Oven Baked Battered Cod	Wheat	Gluten	Fish		•
Vegetarian Quorn Chickenburger	Wheat	Gluten	Milk	Egg	
BBQ Sauce	Wheat	Gluten	Soya	Barley	Celery
Chipped Potatoes	None				

Morning Break

Bacon & Cheese Roll	Wheat	Gluten	Pork	Milk	Dairy
Bacon Baguette	Wheat	Gluten	Pork		
Bacon Roll	Wheat	Gluten	Pork		
Butchers Sausage in a Roll	Wheat	Gluten	Pork		
Cheese & Tomato Pizza Pocket	Wheat	Gluten	Milk	Dairy	
Chicken Caesar Salad	Wheat	Gluten	Milk	Egg	
Cold Pasta Salad	Wheat	Gluten		_	
Mackerel Salad	Wheat	Gluten	Fish		
Potato Salad	Egg				
Vegetarian Sausage in a Roll	Wheat	Gluten	Milk	Egg	Dairy
Tuna & Sweetcorn Pasta Salad	Wheat	Gluten	Egg	Fish	
Feta Cheese & Olive Salad	Wheat	Milk	Dairy		
Muller Yoghurts	Wheat	Gluten	Milk		
Low Fat Yoghurts	Milk	Dairy			
Frozen Smoothies	None		_		
Fresh Fruit	None		_		
Strawberries & Cream	Milk	Dairy			
Milk Shakes	Milk	Dairy			
Water	None		_		
Flavoured Water	None				
Fruit Juices	None				

Sandwiches & Rolls - All Contain:

Wheat	Gluten
-------	--------

Honey Roast Ham & Cheese	Pork	Milk	Dairy
Tuna & Mayonnaise	Fish	Egg	
BLT & Mayonnaise	Pork	Egg	
Egg & Cress	Egg		
Cheese & Pickle	Milk	Dairy	
Cheese & Cucumber	Milk	Dairy	
Prawn, Lemon Mayonnaise	Crustacea	Egg	
Ham & Cheese Salad	Pork	Milk	Dairy
Duck & Hoi Sin Sauce	Celery	Mustard	
Smoked Salmon & Cucumber	Fish		•
Chicken Tikka & Lettuce	Egg		
Chicken, Sweetcorn & Mayonnaise	Egg	Milk	Dairy
Chicken, Bacon & Mayonnaise	Pork	Egg	

QVC Sandwiches & Rolls - All Contain:

Wheat	Gluten
-------	--------

Ham	Pork	
Egg	Egg	
Tuna	Fish	Egg
Prawn	Egg	Crustacea

Panini

Cheese & Tomato	Wheat	Gluten	Milk	Dairy		
Ham & Cheese	Wheat	Gluten	Pork	Milk	Dairy	
Tuna & Cheese	Wheat	Gluten	Fish	Egg	Milk	Dairy
Pepperoni & Cheese	Wheat	Gluten	Pork	Milk	Dairy	
Bacon	Wheat	Gluten	Pork			•
Sausage	Wheat	Gluten	Pork			

Pizza

Cheese & Tomato	Wheat	Gluten	Milk	Dairy	
Cheese, Ham & Pineapple	Wheat	Gluten	Pork	Milk	Dairy
Cheese & Pepperoni	Wheat	Gluten	Pork	Milk	Dairy

Jacket Potato

Jacket & Cheese	Milk		
Jacket & Cheese & Beans	Milk		_
Jacket & Tuna Mayonnaise	Fish	Egg	
Jacket & Tuna & Cheese	Fish	Egg	Milk