

Allergen Information

Barley
Celery
Crustacea
Dairy
Egg
Fish
Gluten
Milk
Molluscs
Mustard
Pork
Rye
Sesame Seeds
Soy Sauce
Soya
Sulphites
Wheat
Oats

Autumn 2025

Allergen Information

MENU A

Halal - Beef Cheeseburger	Wheat	Gluten	Sulphites	Milk
Vegetarian Cheeseburger	Wheat	Gluten	Milk	
Hash Browns	None			
Baked Beans	None			

Homemade Tandoori Chicken with Mint Yogurt	Milk					
Vegetable Spring Rolls	Wheat	Gluten	Milk	Egg	Soya	Celery
Sweet & Sour Sauce	None					
Vegetarian Rice	None					

Homemade Macaroni Cheese	Wheat	Gluten	Milk	
Homemade Salmon & Broccoli Pasta Bake	Wheat	Gluten	Milk	Fish
Mixed Salad	None			
Garlic Bread	Wheat	Gluten	Milk	

Roast Chicken	None					
Stuffing	Wheat	Gluten	Oats			
Homemade Vegetarian Shepherds Pie	Wheat	Milk	Soya	Barley	Egg	
Roast Potatoes	Wheat	Gluten				
Sweetcorn	None					
Gravy (Vegetarian)	Wheat	Soya	Barley			

Oven Baked Battered Haddock	Wheat	Gluten	Fish
Vegan Quorn Nuggets	Wheat	Gluten	
Chipped Potatoes	None		

Allergen Information

MENU B

Breaded Katsu Chicken Fillet	Wheat	Gluten	
Breaded Southern Fried Quorn Steak	Wheat	Gluten	Soya
Curry Sauce	None		
Vegetable Rice	None		

Halal - Homemade Chicken Fajitas	Wheat	Gluten	
Quorn Vegetable Fajitas	Wheat	Gluten	Egg
Mixed Salad	None		
Garlic Mayonnaise	Egg		

Homemade Pasta Carbonara	Pork	Wheat	Gluten	Milk
Homemade Vegetable Lasagne	Milk	Celery	Wheat	Gluten
Mixed Salad	None			
Garlic Bread	Wheat	Gluten	Milk	

Home Baked Steak Pie	Wheat	Gluten	Milk	Barley
Home Baked Cheese & Onion Pastry	Wheat	Gluten	Milk	
Roast Potatoes	Wheat			
Green Beans	None			
Vegetarian Gravy	Wheat	Soya	Barley	

Southern Fried Chicken Steak	Wheat	Gluten		
Breaded Mozzarella Sticks	Wheat	Gluten	Milk	Soya
Chipped Potatoes	None			

Allergen Information

MENU C

Grilled Pork Sausages	Wheat	Pork	
Quorn Vegetarian Sausages	Wheat	Gluten	Barley
Potato Dice	Wheat		
Peas	None		
Vegetarian Gravy	Wheat	Soya	Barley

Halal - Homemade Chicken Curry	Milk		
Homemade Vegetable Curry	Milk	Celery	
Steamed Rice	None		
Naan Bread	Wheat	Gluten	Milk

Halal - Homemade Beef Lasagne	Wheat	Gluten	Milk	Egg
Homemade Tomato & Basil Pasta Bake	Wheat	Gluten	Milk	
Mixed Salad	None			
Garlic Bread	Wheat	Gluten	Milk	

Roast Sliced Pork	Pork		
Homemade Cauliflower Cheese	Gluten	Milk	
Roast Potatoes	Wheat	Gluten	
Mixed Vegetables	None		
Vegetarian Gravy	Wheat	Soya	Barley

Oven Baked Battered Cod	Wheat	Gluten	Fish		
Vegetarian Quorn Chickenburger	Wheat	Gluten	Milk	Egg	
BBQ Sauce	Wheat	Gluten	Soya	Barley	Celery
Chipped Potatoes	None				

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Morning Break

Bacon & Cheese Roll	Wheat	Gluten	Pork	Milk	Dairy
Bacon Baguette	Wheat	Gluten	Pork		
Bacon Roll	Wheat	Gluten	Pork		
Butchers Sausage in a Roll	Wheat	Gluten	Pork		
Cheese & Tomato Pizza Pocket	Wheat	Gluten	Milk	Dairy	
Chicken Caesar Salad	Wheat	Gluten	Milk	Egg	
Cold Pasta Salad	Wheat	Gluten			
Mackerel Salad	Wheat	Gluten	Fish		
Potato Salad	Egg				
Vegetarian Sausage in a Roll	Wheat	Gluten	Milk	Egg	Dairy
Tuna & Sweetcorn Pasta Salad	Wheat	Gluten	Egg	Fish	
Feta Cheese & Olive Salad	Wheat	Milk	Dairy		
Muller Yoghurts	Wheat	Gluten	Milk		
Low Fat Yoghurts	Milk	Dairy			
Frozen Smoothies	None				
Fresh Fruit	None				
Strawberries & Cream	Milk	Dairy			
Milk Shakes	Milk	Dairy			
Water	None				
Flavoured Water	None				
Fruit Juices	None				

Allergen Information

Sandwiches & Rolls - All Contain:

Wheat	Gluten
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Honey Roast Ham & Cheese	Pork	Milk	Dairy
Tuna & Mayonnaise	Fish	Egg	
BLT & Mayonnaise	Pork	Egg	
Egg & Cress	Egg		
Cheese & Pickle	Milk	Dairy	
Cheese & Cucumber	Milk	Dairy	
Prawn, Lemon Mayonnaise	Crustacea	Egg	
Ham & Cheese Salad	Pork	Milk	Dairy
Duck & Hoi Sin Sauce	Celery	Mustard	
Smoked Salmon & Cucumber	Fish		
Chicken Tikka & Lettuce	Egg		
Chicken, Sweetcorn & Mayonnaise	Egg	Milk	Dairy
Chicken, Bacon & Mayonnaise	Pork	Egg	

QVC Sandwiches & Rolls - All Contain:

Wheat	Gluten
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Ham	Pork	
Egg	Egg	
Tuna	Fish	Egg
Prawn	Egg	Crustacea

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Panini

Cheese & Tomato	Wheat	Gluten	Milk	Dairy		
Ham & Cheese	Wheat	Gluten	Pork	Milk	Dairy	
Tuna & Cheese	Wheat	Gluten	Fish	Egg	Milk	Dairy
Pepperoni & Cheese	Wheat	Gluten	Pork	Milk	Dairy	
Bacon	Wheat	Gluten	Pork			
Sausage	Wheat	Gluten	Pork			

Pizza

Cheese & Tomato	Wheat	Gluten	Milk	Dairy	
Cheese, Ham & Pineapple	Wheat	Gluten	Pork	Milk	Dairy
Cheese & Pepperoni	Wheat	Gluten	Pork	Milk	Dairy

Jacket Potato

Jacket & Cheese	Milk		
Jacket & Cheese & Beans	Milk		
Jacket & Tuna Mayonnaise	Fish	Egg	
Jacket & Tuna & Cheese	Fish	Egg	Milk

