



Millais Enrichment Clubs Booklet Term 1 2025/26

Autumn Term 2025

Welcome from Millais CAS

It is our pleasure to launch our Enrichment Clubs programme for Term 1 of the 2025-2026 academic year at Millais.



To those new to Millais, CAS is our Personal Development framework focusing on how students can develop their sense of Community, Action and Self.

We hope our offer will give all students the opportunity to learn new skills, stay active, build positive relationships, and, most of all, have fun. All clubs are run by Millais staff on a voluntary basis.

After-school clubs run until 4pm.

For any general enquiries about the extra-curricular enrichment provision at Millais, please use the Contact Us form on our school website.

If an After School Club is cancelled, we will endeavour to inform parents and students. Please note that students impacted by a cancelled club can always go to the after-school provision (computing room or LRC) until 4pm if required (except on Fridays when the LRC is closed all day).

Millais staff also offer SPAs (Supporting Pupil Achievement) sessions after school until 4pm to help students with their class subjects. A separate timetable for this offer will be available on the website next week. In addition, the Learning Resource centre (LRC) is open after school until 4.30pm on Mon-Thurs (as stated above, it is closed all day on Fridays).

Instrumental and Singing Lessons at Millais

As part of our extra-curricular provision at Millais, we also have a team of visiting music teachers who deliver one-to-one and small group music lessons. We can offer students lessons in singing, drums, piano, violin, viola, cello, double bass, flute, clarinet, saxophone, bassoon, trumpet, cornet, trombone, piano, guitar, bass guitar and drum kit.

Lessons take place during the normal school day for either 20 or 30 minutes on a rotary system. For further information, or to sign your child up for lessons, please email the music team: music@millais.org.uk and they can put in you touch with the appropriate teacher who will be able to advise you on their availability and cost of lessons. Funding can be available for those in receipt of free school meals.

Extra-Curricular Timetable for Term 1

	Name	Time	Open to	Room	Start date:	Lead Staff/Point of Contact
Monday	GCSE Netball coaching (Invitation Only)	After School	Year 11	Hardcourt	15/09/25	Michelle Peckham
	Football Club	Lunchtime	All Years	Astro	15/09/25	TJM
	Lunch Club	Lunchtime	Yer 7	C102	15/09/25	LCM
	Poetry by Heart	Lunchtime	All Years	D110	03/11/25	KLK
	Volleyball Club (sign up at the PE office)	After School	Years 7-9	Sports Hall	15/09/25	External Coach
Tuesday	Netball Club	After School	All Years	Hard Courts	16/09/25	NLC & ALP
	Hockey Club	After School	All Years	Astro	16/09/25	WLH
	GCSE Dance	After School	Years 10 & 11	Dance Studio	16/09/25	JLE
	Volleyball/ Badminton	After School	Years 10 & 11	Sports Hall	16/09/25	Student led
	Benchball Club	Lunchtime	All Years	Sports Hall	16/09/25 (until 21/10/25)	ALP
	Dodgeball Club	Lunchtime	All Years	Sports Hall	04/11/25	ALP
	English Masterclass	After School	Year 11	D109	04/11/25	Various
	Japanese Language for Beginners	Lunchtime	Years 7 and 8	C202	16/09/25	IMU
	Musical Theatre Academy	After School	All Years	D003	09/09/25	CVP
	Choir	Lunchtime	All Years	D003	09/09/25	VGJ/CVP

Wednesday	Creative Writing Club	Lunchtime	All Years	D108	17/09/24	SYL
	Allotment Club	After School	All Years	Allotment (meet at reception)	24/09/25	NYB
	Lunch Club	Lunchtime	Year 7	C102	17/09/25	LCM
	GCSE Dance	After School	Years 10 & 11	Dance Studio	17/09/25	JLE
	Football Club	After School	All Years	Field	17/09/25	TJM & ELQ
	Alternative (Sports) Activities	Lunchtime	All Years	Sports Hall	17/09/25	TJM
	Music Tech Club	After School	All Years	D007	10/09/25	EMW
	Geography and GIS Ambassadors	After School	All Years	A127	24/09/25	CSH
	Open Lab Club	After School	Years 7 - 9	A008	17/09/25	CLA
	Year 9 Fast-Track Drama	After School	Year 9 (by invite only)	D003	01/10/25	EPP
Thursday	Rock and Pop Club	After School	All Years	D007	11/09/25	EMW
	Dance Club*	After School	Years 7 - 9	Dance Studio	02/10/25	BMC
	Code Club	After School	Years 7-9	C002	13/11/25	RZH
	Drama Club	After School	Year 7	D003	18/09/25	LYM
	Open Studio	After School	Year 7- 9	C211	18/09/25	LHS
	Rugby Club	After School	All Years	Rugby Pitch	18/09/25	TJM
	Chinese Dance Club	Lunchtime	Years 7- 9	C118	18/09/25	GZL
	Fitness (prior sign-up required – sign up at the PE office)	After School	Years 10 & 11	Sports Hall	18/09/25	MS
Friday	Basketball Club	After School	Years 7 - 9	Sports Hall	19/09/25	K.Youngman
	Friday Lunch Club	Lunchtime	All Years	C010	12/0925	Lee Buck, Horsham Youth Worker
	GCSE Netball coaching (Invitation Only)	After School	Year 10	Hardcourt	19/09/25	Michelle Peckham

Friday continued	Christian Lunch Club**	Lunchtime	All Years	A127	19/09/25	CJ and VAW
	Esports	Lunch time	All Years	C002	19/09/25	RZH
	<i>Charged Up!</i> (Physics Journal)***	Lunch time	All Years	A001	Monthly meetings throughout the year	BPK

*Taster session will take place during the MFL CAS week = week starting 22 Sept and the club will then start on Thursday in the following week.

**If students would like a space to explore other religions, please speak to Mrs Jones.

*** Monthly lunchtime meetings as per prior arrangement. Most communication will take place via MSTEams and/or email.

Name	Description
Allotment Club	An opportunity to learn to grow fruit, herbs, vegetables and flowers and benefit from the mindfulness that comes from working outdoors.
Badminton and Volleyball	Non-competitive club. Turn up in your PE kit and use the Badminton/ Volleyball courts.
Basketball	A club to develop your basketball skills. As spaces are limited, please speak to a member of the PE staff to sign up.
Choir	Come and sing your hearts out. We will be doing a wide mix of songs and welcome your suggestions as well.
Charged Up! (Physics Journal)	Monthly meetings mainly for article guidance with the student request. Most communication to take place on MS Teams and/or email.
Christian Lunch Club	An opportunity to get to know other Christians in the school. There will be discussion, prayer, and worship. Bring your lunch!
Chinese Dance Club	Experience unique Chinese folk dances with fun and simple movements. A great time for gentle exercises and learning fascinating cultures of Chinese ethnical groups.
Code Club	Learning programming in a fun and interactive way.

Dance Club	Develop your dance skills and learn new styles, in the dance studio, PE kit required, no socks or shoes!
Dance Club - GCSE	Session to work on and improve GCSE Dance choreography and set phrases.
English Materclass	These sessions will cover all elements of the English exams for Language and Literature. The first 40 minutes of each session will be guided input, and the final 20 minutes will be a chance to begin answering an exam question on this topic, which can be completed at home.
E-Sport	Play esports on Nintendo switches, games include Mario Kart, Smash bros and Just dance.
Football Club	All year groups welcome. Bring your PE kit, football boots and shin pads meet on the field. Must attend if you want to be a part of the Millais Football Teams.
Friday Lunch Club	A drop in club for anyone who wants to come and play games like Avocado Smash, Uno, Dobble and others or anyone who just wants to chat. Bring your lunch!
Geography GIS Ambassadors	Learn how to use Geographical Information Systems including Digimaps and ArcGis. Use your training to become a Millais GIS Ambassador helping other students to use the systems and become better geographers.
Hockey	All year groups welcome. Bring your PE kit, shin pads and mouth guards. Meet on the Astro. Must have a gum shield if you want to participate in games at training.
Japanese Language for Beginners	Come along and challenge yourself at learning some basic Japanese phrases, a bit of grammar and vocabulary.
Music Tech Club	Learn how to use the recording studio and all the equipment available in music. Edit and create your own mp3s to take home.
Musical Theatre Academy	We perform all things musical theatre! We'll be working towards a number of productions over the year as well as developing skills in singing, acting and dancing.
Netball	All year groups welcome. Bring your PE kit, meet on the netball courts. Must attend if you want to be a part of the Millais Netball Teams.

Netball – GCSE invitation	Invite only, specific coaching for GCSE PE students in preparation for their practical component of their GCSE PE course. Paid club via Parent Pay £2 per session.
Open Studio	Come and use the art room to complete homework
Poetry by Heart	A chance to take part in a brilliant national poetry competition, students can share and practise performing their favourite poems from memory building confidence and hopefully having a bit of fun.
Rock and Pop Club	Fancy being in a band? Now is your chance. You can learn to play any pop instrument and enjoy working on songs to perform as a whole band.
Rugby	All year groups welcome. Bring your PE kit, studs and gum shield. Meet on the field. Will mainly be non-contact/ touch rugby but might include some contact drills if all players have a gum shield.
Open Lab Club	Our lab is open for students to use on Wednesday after school. If you need space to work on a competition entry, a science project or you need help with some work- this is the time and space for you. We will be showing you investigations that extend the topics you are studying in your lessons, giving you the opportunity to learn more about science, and to manage your own projects.

Please encourage your child to get involved, and to grab some of the opportunities on offer.

Millais is a vibrant community with so much going on! We really hope that there is something for everyone.

