



Millais Enrichment Clubs

Booklet

Term 2 2025/26

Welcome from Millais CAS



It is our pleasure to launch our Enrichment Clubs programme for Term 2 of the 2025-2026 academic year at Millais. To those new to Millais, CAS is our Personal Development framework focusing on how students can develop their sense of Community, Action and Self.

We hope our offer will give all students the opportunity to learn new skills, stay active, build positive relationships, and, most of all, have fun. All clubs are run by Millais staff on a voluntary basis.

After-school clubs run until 4pm.

For any general enquiries about the extra-curricular enrichment provision at Millais, please use the [Contact Us](#) form on our school website.

If an After School Club is cancelled, we will endeavour to inform parents and students. Please note that students impacted by a cancelled club can always go to the after-school provision (computing room or LRC) until 4pm if required (except on Fridays when the LRC is closed all day).

Millais staff also offer SPAs (Supporting Pupil Achievement) sessions after school until 4pm to help students with their class subjects. A separate timetable for this offer will be available on the website next week.

In addition, the Learning Resource centre (LRC) is open after school until 4.30pm on Mon-Thurs (as stated above, it is closed all day on Fridays).

Instrumental and Singing Lessons at Millais

As part of our extra-curricular provision at Millais, we also have a team of visiting music teachers who deliver one-to-one and small group music lessons. We can offer students lessons in singing, drums, piano, violin, viola, cello, double bass, flute, clarinet, saxophone, bassoon, trumpet, cornet, trombone, piano, guitar, bass guitar and drum kit.

Lessons take place during the normal school day for either 20 or 30 minutes on a rotary system. For further information, or to sign your child up for lessons, please email the music team: music@millais.org.uk and they can put in touch with the appropriate teacher who will be able to advise you on their availability and cost of lessons. Funding can be available for those in receipt of free school meals.

Extra-Curricular Timetable for Term 2

| | Name | Time | Open to | Room | Start date: | Lead Staff/Point of Contact |
|-----------|---------------------------------|--------------|-------------------------|-------------------------------|---------------------------|-----------------------------|
| Monday | GCSE Netball (Invitation Only) | After School | Years 10 & 11 | Hardcourt | 12/01/26 | Michelle Peckham |
| | Football Club | Lunchtime | All Years | Astro | 12/01/26 | TJM |
| | Lunch Club | Lunchtime | Year 7 | C102 | 15/09/25 | LCM |
| | Poetry by Heart | Lunchtime | All Years | D110 | 12/01/26 | KLG |
| Tuesday | Badminton | After School | Years 10 & 11 | Sports Hall | 13/01/26 | Student led |
| | Benchball Club | Lunchtime | All Years | Sports Hall | 16/09/25 (until 21/10/25) | ALP |
| | Choir | Lunchtime | All Years | D017 | 09/09/25 | VGJ/CVP |
| | GCSE Dance | After School | Years 10 & 11 | Dance Studio | 13/01/26 | JLE |
| | Dodgeball Club | Lunchtime | All Years | Sports Hall | 04/11/25 | ALP |
| | English Masterclass | After School | Year 11 | D109 | 06/01/26 | Various |
| | Football | After School | Year 7 | Field/Astro | 13/01/26 | TJM |
| | Hockey Club | After School | All Years | Astro | 13/01/26 | WLH |
| | Japanese Language for Beginners | Lunchtime | Years 7 & 8 | C202 | 16/09/25 | IMU |
| | Musical Theatre Academy | After School | All Years | D003 | 09/09/25 | VGJ / EPP / EMW / CVP |
| Wednesday | Netball Club | After School | All Years | Hard Courts | 13/01/26 | NLC & ALP |
| | Allotment Club | After School | All Years | Allotment (meet at reception) | 24/09/25 | NYB |
| | Alternative (Sports) Activities | Lunchtime | All Years | Sports Hall | 14/01/26 | TJM |
| | Creative Writing Club | Lunchtime | All Years | D108 | 07/01/26 | SYL |
| | Year 9 Fast-Track Drama | After School | Year 9 (by invite only) | D003 | 01/10/25 | EPP |
| | Futsal Club | After School | Year 7 | Sports Hall | 14/01/26 | TJM |
| | Football Club | After School | Years 8 & 9 | Field/Astro | 14/01/26 | VSW |
| | Geography and GIS Ambassadors | After School | All Years | A127 | 24/09/25 | CSH |
| | Lunch Club | Lunchtime | Year 7 | C102 | 17/09/25 | LCM |

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| Wednesday - cont. | Music Tech Club | After School | All Years | D007 | 10/09/25 | EMW |
| | Open Lab Club | After School | Years 7 - 9 | A008 | 17/09/25 | CLA |
| Thursday | Board Games Club | Lunchtime | All years | D109 | 09/10/25 | LZC |
| | Chinese Dance Club | Lunchtime | Years 7-9 | C118 | 18/09/25 | GZL |
| | Dance Club* | After School | All Years | Dance Studio | 15/01/26 | BMC |
| | Drama Club | After School | Year 7 | D003 | 18/09/25 | LYM |
| | Fitness (prior sign-up required – sign up at the PE office) | After School | Years 10 & 11 | Sports Hall | 15/01/26 | MS |
| | Futsal Club | After School | Years 8 & 9 | Sports Hall | 15/01/26 | VSW |
| | Open Studio | After School | Years 7-9 | C211 | 18/09/25 | LHS |
| | Rock and Pop Club | After School | All Years | D007 | 11/09/25 | EMW |
| | Rugby Club | After School | All Years | Rugby Pitch | 15/01/26 | TJM |
| Friday | Basketball Club | After School | All Years | Sports Hall | 16/01/26 | K. Youngman |
| | Christian Lunch Club** | Lunchtime | All Years | A127 | 19/09/25 | CJ and VAW |
| | Esports | Lunch time | All Years | C002 | 19/09/25 | RZH |
| | Friday Lunch Club | Lunchtime | All Years | C010 | 12/09/25 | Lee Buck, Horsham Youth Worker |
| | GCSE Netball (Invitation Only) | After School | Year 10 | Hardcourt | 16/01/26 | Michelle Peckham |
| | <i>Charged Up!</i> (Physics Journal)*** | Lunch time | All Years | A001 | Monthly meetings throughout the year | BPK |

*Taster session will take place during the MFL CAS week = week starting 22 Sept and the club will then start on Thursday in the following week.

**If students would like a space to explore other religions, please speak to Mrs Jones.

*** Monthly lunchtime meetings as per prior arrangement. Most communication will take place via MSTeams and/or email.

| Name | Description |
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| Allotment Club | An opportunity to learn to grow fruit, herbs, vegetables and flowers and benefit from the mindfulness that comes from working outdoors. |
| Badminton | Non-competitive club. Turn up in your PE kit and use the Badminton courts. |
| Basketball | A club to develop your basketball skills. As spaces are limited, please speak to a member of the PE staff to sign up. |
| Board Games Club | We will play a variety of board, card, and tabletop games in a relaxed, friendly atmosphere to meet, make new friends, and connect with others who share similar interests. |
| Choir | Come and sing your hearts out. We will be doing a wide mix of songs and welcome your suggestions as well. |
| Charged Up! (Physics Journal) | Monthly meetings mainly for article guidance with the student request. Most communication to take place on MS Teams and/or email. |
| Christian Lunch Club | An opportunity to get to know other Christians in the school. There will be discussion, prayer, and worship. Bring your lunch! |
| Chinese Dance Club | Experience unique Chinese folk dances with fun and simple movements. A great time for gentle exercises and learning fascinating cultures of Chinese ethnical groups. |
| Dance Club | Develop your dance skills and learn new styles, in the dance studio, PE kit required, no socks or shoes! |
| Dance Club - GCSE | Session to work on and improve GCSE Dance choreography and set phrases. |
| English Materclass | These sessions will cover all elements of the English exams for Language and Literature. The first 40 minutes of each session will be guided input, and the final 20 minutes will be a chance to begin answering an exam question on this topic, which can be completed at home. |
| E-Sport | Play esports on Nintendo switches, games include Mario Kart, Smash bros and Just dance. |
| Football Club | All year groups welcome. Bring your PE kit, football boots and shin pads meet on the field. Must attend if you want to be a part of the Millais Football Teams. |
| Friday Lunch Club | A drop in club for anyone who wants to come and play games like Avocado Smash, Uno, Dobble and others or anyone who just wants to chat. Bring your lunch! |
| Geography GIS Ambassadors | Learn how to use Geographical Information Systems including Digimaps and ArcGis. Use your training to become a Millais GIS Ambassador helping other students to use the systems and become better geographers. |
| Hockey | All year groups welcome. Bring your PE kit, shin pads and mouth guards. Meet on the Astro. Must have a gum shield if you want to participate in games at training. |
| Japanese Language for Beginners | Come along and challenge yourself at learning some basic Japanese phrases, a bit of grammar and vocabulary. |

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| Music Tech Club | Learn how to use the recording studio and all the equipment available in music. Edit and create your own mp3s to take home. |
| Musical Theatre Academy (MTA) | We perform all things musical theatre! We'll be working towards a number of productions over the year as well as developing skills in singing, acting and dancing. |
| Netball | All year groups welcome. Bring your PE kit, meet on the netball courts. Must attend if you want to be a part of the Millais Netball Teams. |
| Netball – GCSE invitation | Invite only, specific coaching for GCSE PE students in preparation for their practical component of their GCSE PE course. Paid club via Parent Pay £2 per session. |
| Open Studio | Come and use the art room to complete homework |
| Poetry by Heart | A chance to take part in a brilliant national poetry competition, students can share and practise performing their favourite poems from memory building confidence and hopefully having a bit of fun. |
| Rock and Pop Club | Fancy being in a band? Now is your chance. You can learn to play any pop instrument and enjoy working on songs to perform as a whole band. |
| Rugby | All year groups welcome. Bring your PE kit, studs and gum shield. Meet on the field. Will mainly be non-contact/ touch rugby but might include some contact drills if all players have a gum shield. |
| Open Lab Club | Our lab is open for students to use on Wednesday after school. If you need space to work on a competition entry, a science project or you need help with some work- this is the time and space for you. We will be showing you investigations that extend the topics you are studying in your lessons, giving you the opportunity to learn more about science, and to manage your own projects. |

Please encourage your child to get involved, and to grab some of the opportunities on offer.

Millais is a vibrant community with so much going on! We really hope that there is something for everyone.

